

YEAR 7: VALUES CURRICULUM



Term 1: Being Me In My World	Term 2: Celebrating Diversity	Term 3: Dreams and Goals	Term 4: Healthy Me	Term 5: Relationships	Term 6: Changing Me
<p>Big Question How do I fit into the world I live in?</p> <p>Identity – what makes a person? Is fitting in more important than being unique? Influences / peer pressure That happiness is linked to being connected with others. Maintaining positive relationships with people who are different to me. Online identity and relationships.</p>	<p>Big Question: Do we need to feel ‘the same as’ to belong?</p> <p>Challenging prejudice and discrimination. Protected characteristics. Assertiveness. Role of a bystander. Stereotypes. Bullying. Assertiveness. Relationship skills.</p>	<p>Big Question: Can my choices affect my dreams and goals?</p> <p>Identifying personal dreams and goals. Skills for the 21st century workplace. Steps to achievement. Managing set-backs. Basic first aid in emergency situations. Responsible choices and keeping safe. e.g. gang culture, knife crime. Coercion and exploitation, drugs and alcohol.</p>	<p>Big Question: To what extent am I responsible for my mental and physical health?</p> <p>Recognising and describing emotions. Strategies for positivity Managing stress. Link between mental health and activity. Taking responsibility for health. Substances and their effects. Nutrition. Vaccinations. Sleep.</p>	<p>Big Question: What can make a relationship healthy or unhealthy?</p> <p>Identifying my relationships. Values and qualities in healthy. Relationships and relationship change. Managing my responses to keep my relationships healthy and safe. Discernment. Media portrayal of relationships. Assertiveness. Sexting. Rights and responsibilities.(including consent).</p>	<p>Big Question: What can make a relationship healthy or unhealthy?</p> <p>Puberty and body development (Re-cap from primary). Conception and childbirth (Re-cap from primary). Choices with pregnancy (IVF, surrogacy, contraception) Different types of parenting and families. Self and body-image FGM, breast ironing Brain changes in adolescence. Emotional changes in adolescence.</p>

YEAR 8: VALUES CURRICULUM



Term 1: Being Me In My World	Term 2: Celebrating Difference	Term 3: Dreams and Goals	Term 4: Healthy Me	Term 5: Relationships	Term 6: Changing Me
<p>Big Question Can I choose how I fit into the world?</p> <p>How have I changed? Planning for the year ahead. Family, what does that mean to me? Different types of committed stable relationships. Does my family influence me? Active listening. Stereotyping (in families). What do I choose to 'hear' about myself? Faith and beliefs. Cultural diversity.</p>	<p>Big Question How different are we really?</p> <p>Recognising similarities Prejudice and discrimination. Protected characteristics. Social injustice and inequality. Hate crime. Making a positive contribution to community. Making a difference and links to wellbeing. Blood and organ donation.</p>	<p>Big Question: Can the choices I make now influence my future?</p> <p>Short-, medium- and long-term goals. Resilience. Employability skills Career choices. My online 'footprint'. Budgeting. Debt. Gambling inc links to mental health. Positive/negative role of money in society inc links to mental health</p>	<p>Big Question: Can I become more responsible for my health and happiness?</p> <p>Taking personal responsibility for health. Stress triggers. Managing stress. Substances and their effects. Drug supply and possession. County lines / exploitation / gang culture. Role of medicines and vaccines. Dental health.</p>	<p>Big Question Because I'm worth it...or am I?</p> <p>Relationship with self Negative self-thoughts. Body-image including online and in media. Competing relationships and how to manage these demands. Personal space inc online relationships. Media portrayal of relationships. Media manipulation. Components of positive relationships. Personal space. Social media and online safety. Illegal aspects of social media. Recognising negative relationships.</p>	<p>Big Question: What factors can make an intimate relationship happy and healthy?</p> <p>Boyfriends and girlfriends. Different types of committed stable and loving relationships / partnerships. Positive aspects of healthy intimate relationships. Negative factors that can make an intimate relationship unhealthy e.g. power and control/STIs. Choosing to 'come out'. Pornography. Alcohol and relationships. Accessing support.</p>

YEAR 9: VALUES CURRICULUM



Term 1: Being Me In My World	Term 2: Celebrating Difference	Term 3: Dreams and Goals	Term 4: Healthy Me	Term 5: Relationships	Term 6: Changing Me
<p>Big Question: To what extent does the world I live in affect my identity?</p> <p>Personal identity and intimate relationships. Peer approval. Social media. Self-identity. Perceptions./ misperceptions e.g. sexual exploitation, grooming, risk within sexual relationships, consent, risky experimentation.</p>	<p>Big Question: Is being different a good thing?</p> <p>Sexism and homophobia. Perception of others. Positive and negative language, banter and verbal bullying. Types of bullying. Recognising prejudice. Stereotyping.</p>	<p>Big Question: Who do I dream of becoming?</p> <p>Personal strengths and weaknesses. SMART planning. Mental health and body image. Self Esteem; Recognising mental ill-health self-harm & suicide, eating disorders, depression, anxiety pressure (peep, online, media) Maintaining mental health. Accessing mental health support.</p>	<p>Big Question: How can substances impact on wellbeing?</p> <p>What does the media say about teenagers? Dental health. Alcohol and decision making. Drugs and decision making. Emergency first-aid. Substances and mental.</p>	<p>Big Question: Is choice important within intimate relationships?</p> <p>Power and control in relationships. Consent and assertiveness. Contraception. Sexually Transmitted Infections. Am I normal? Common concerns around adolescence.</p>	<p>Big Question How can change affect mental health?</p> <p>Changing perceptions and opinions. Mental health. Common mental health issues. Skills for change and 'pressure'. Adapting to change. Self-reflection and evaluation. Transition (to next year group). Sleep.</p>

YEAR 10: VALUES CURRICULUM



Term 1: Being Me In My World	Term 2: Celebrating Difference	Term 3: Dreams and Goals	Term 4: Healthy Me	Term 5: Relationships	Term 6: Changing Me
<p>Big Question: Is managing my online and off-line world within my Control?</p> <p>Freedom and safety Safe relationships Online safety and cultural norms Personal safety with technology Staying safe off line Managing threats to safety in the wider world</p>	<p>Big Question: Does everyone in society have the right to Equality?</p> <p>What does equality mean to me? Equality in the workplace Equality in society Equality in relationships Equality and vulnerable groups Power and control</p>	<p>Big Question: Is success only possible when physical and emotional needs are in balance?</p> <p>Dreams for myself and the world; balance and perspective, relationships and community. Jobs - legislation around work for young people Managing setbacks/ resilience building Planning for success</p>	<p>Big Question: When it comes to health to what extent am I in control?</p> <p>Physical health; screening, vaccination, personal hygiene. Health MOT Achieving mental health Threats to health e.g. addiction, substance and alcohol use, lifestyle choices, loneliness, diseases, cancer, heart disease, infection</p>	<p>Big Question Is love all you need?</p> <p>What makes a happy relationship Parenting relationships Relationship breakdown Social influences on relationships, e.g. stereotypes, pornography, media, peer perception Friendships and peer support and connectedness Challenging relationships, e.g. domestic abuse, coercive relationships, exploitation</p>	<p>Big Question Can all change be positive in some way?</p> <p>How does social change affect me? Managing relationship changes e.g. loss, bereavement, break-ups, blended families, divorce. Gender identity. Spectrum of sexuality. Managing the challenges in the year ahead.</p>

YEAR 11: VALUES CURRICULUM



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<p>Big Question: Are we in the adult world at 16?</p> <p>Entering the adult world Ok at 16, Legislation affecting 16-year olds Managing adult on-line relationships Emergency response, e.g. medical emergency, drugs, alcohol, diabetes, allergies, head injury</p>		<p>Big Question Can I rely on myself to achieve my goals or do I need luck or destiny ?</p> <p>Dreams and goals including; financial, jobs, relationships (e.g. marriage, parenting) Resilience Contingency planning</p>	<p>Big Question: Should relationships, sex and sexual health be discussed more openly?</p> <p>Healthy attitudes on sexual relationships including; body image, choices and consequences. (e.g. pregnancy, being a young parent, termination choices, protected sex, delay etc) Communication about relationships, sex and sexual health Exam preparation and</p>	<p>Big Question: Without sufficient knowledge can we avoid misuse of power in our relationships?</p> <p>Sexuality spectrum Respect and equality in relationships (recognising conflicts and power -based relationships) Individuality in relationships Stages of relationships Sexual relationship checklist Gender/honour</p>	